Through a partnership with Forever Learning Institute (FLI), the Jewish Federation offers the fall classes listed below. Each course is $45.00, unless otherwise stated. Scholarships are available through FLI (574-282-1901). You can register at FLI**: on -site** at 54191 Ironwood Rd., South Bend, IN 46635, **Tuesday August 28 - Thursday August 30**, 10:00 AM - 1:00 PM, Little Flower Parish Center; **online at www.foreverlearninginstitute.org;** or **via mail** by sending in a completed registration form. When registering please use the class code listed with the course description. **Classes begin the week of September 10, 2018.**

Monday

Continuing Beginning French: 2:00 – 3:00 PM

Monika Wayne

This French Class for semi-beginners will practice reading, writing, listening and speaking. We will continue to use the textbook Easy French, Step-By-Step, by Myrna Bell Rochester (McGraw Hill) which is available on Amazon.com and at Barnes and Noble.

No class on September 10, 24 and October 1. The instructor will offer make-up classes.

Min 4 Max 12 10 sessions

Tuesday

Toning, Stretching & Yoga: 9:15 - 10:15 AM

Dottie Wallace, M.S.

This class is a combination of exercises to strengthen and tone muscles of the whole body, as well as yoga practice for balance and relaxation purposes. Need to bring a yoga mat to sit, a large towel and a stretchy band. This class meets twice a week, on Tuesday and Thursday.

No class on September 11, 25, October 2. The instructor will offer make-up classes.

Min 4 Max 12 10 sessions

Continuing Intermediate German: 2:00 – 3:00 PM

Monika Wayne

This Course continues to study German grammar, vocabulary and practices all language skills: reading, writing, listening and speaking. No textbook is necessary. A copy fee of $5 is required and payable at the first class. Students will read small anecdotes and short fiction tales. They will write summaries on those readings and give small reports on everyday topics. They will practice their speaking skills by giving reports on everyday topics, as well as asking and answering questions with each other.

No class on September 11, 25, October 2. The instructor will offer make-up classes.

Min 4 Max 12 10 sessions

Wednesday

Lessons of the Holocaust: 10:00 – 11:30 AM

H38JFW Sid Shroyer

Sid Shroyer, former director of education at Temple Beth El, South Bend, taught a semester class he created called "Themes: Literature of the Holocaust" at New Prairie High School, New Carlisle, between 2001 and 2013. His teacher training took him to the Holocaust museums in Jerusalem and Washington and to historical sites in Germany and Poland. What he learned by teaching provides the basis for this course. Each weekly session will last 90 minutes. Ordinary Men: Reserve Police Battalion 101 and the Final Solution in Poland, by Christopher R. Browning is the only required text. It is available for download electronically, on Amazon.com or at Barnes & Noble.

September 12 – November 7. ***No class on September 19.***

Min 4 Max 12 8 sessions

Ballet: 11:00 AM – 12:00 PM

Jill Tulchinsky Location: JFed

Ballet Class for Beginner Level-45 minutes; Intermediate Level-additional 15 minutes

This class will introduce the basics of Classical Ballet. Students will learn warm-up techniques and continue with movement across the floor. The class will improve students' muscle strength and flexibility. Dance History and Music History, as well as simple Repertoire will be included as the class progresses.

For those who are interested, an extra 15 minutes will be provided at the end of class for more intermediate level combinations (optional-not required).

Students should wear comfortable clothes (such as leggings) and Ballet slippers. (Ballet slippers may be purchased at the Ballet Shop on Hickory Rd.)

No class on September 19, October 3, 31. The instructor will offer make-up classes.

Min 4 Max 12 8 sessions

Continuing Beginning Hebrew: 11:00-12:00

LH1JFW

Karin Wasserman, Israeli emissary

This class is for participants who know the Alef-Bet and have basic Hebrew reading skills. The instructor will teach Hebrew grammar, speaking and reading, and uses the textbook Living Language – Hebrew by Living Language and Amit Shaked Pasman.

September 13 – November 15. ***No class on September 19. Instructor will offer a make-up class.***

Min 4 Max 12 10 sessions

Thursday

Genetics: 10:00-11:00AM

Elliot D. Rosen

This course is organized in 5 sessions and will cover the following topics: 1)Central Dogma in Genetics: The Developing Understanding of the Biochemical Basis of Heredity. 2) Genetic Engineering 3) Controversy Regarding Genetically Modified Organisms 4) Human DNA Sequencing – Promise of Personalized Medicine 5) Nature vs. Nurture. Reading materials will be provided for an additional fee of $3.00 payable during the first class.

September 13 – October 18

Min 4 Max 12 5 sessions

Origami and Japanese Culture: 10:00 – 11:00 AM

Rie Yamazaki and Yukako Sakaue

Learn about the art of paper folding and Japanese culture. A fee of $3.00 for the origami paper is payable at the first class. September 13 – October 18.

Min 4 Max 12 6 sessions

Murder Most Fun: 2:00 – 4:30

Ron Hellenthal

While both comedies and mysteries have been common genres among filmmakers, films that combine comedic and mystery elements have been particularly popular. In this course we will view mystery films with comic subplots, including *The Lady Vanishes* [Hitchcock] (1938), *Arsenic and Old Lace* (1944), *The Trouble with Harry* [Hitchcock] (1955), *Charade* (1963), and six more, and discuss the author, director, film studio, and principal cast members of each.

Min 8 Max 18 10 sessions

Friday

Big History: The Big Bang: 3:00 – 4:00 PM

Alan Dowty & Mitchell Wayne

Big History is a highly-acclaimed series of 48 video lectures by Professor David Christian that cover all of history from the Big Bang to the present day. In this initial course, we will watch and discuss Christian's first eight presentations, on scientific explanations of the origins of the universe. It is projected that five subsequent courses will cover the remaining 40 lectures, bringing the whole of human history into view. The talks require no previous historical or scientific background, and are designed to provide the widest possible perspective on universal history.

September 14 – November 2

Min 4 Max 40 8 sessions