

# Being Human-Being Mortal Series

The Jewish Federation of St. Joseph Valley is proud to present a series of meaningful conversations throughout 2018 exploring end of life issues. A Bereavement Support Group will begin during the summer months and topical workshops will follow in the fall.

Our "Being Human-Being Mortal" series will take place at the Jewish Federation on **Sundays from 9:30 to 11:30 AM** on the following days:

**Sunday, January 21, 2018**

## **Jewish Practices and Rituals of Burial and Shiva**

Rabbi Karen Companez, Rabbi of Temple Beth-El, will lead our discussion around our unique Jewish Burial Practices and Customs.

**Sunday, February 4, 2018**

## **Dr. Atul Gawande's Frontline Film, Being Mortal**

Elder Caring Attorney Doug Germann will facilitate our discussion of the PBS FRONTLINE film **Being Mortal**, based on the best-selling book by Atul Gawande, MD, which explores the hopes of patients and families facing terminal illness and their relationships with the physicians who treat them.

**Sunday, March 4, 2018**

## **We Need to Talk - The Conversation Continues.....**

Posi Tucker and her children will recreate the personal conversation their family had about end of life issues.

**Sunday, April 29, 2018**

## **Understanding Bereavement**

Holly Farmer, Bereavement Coordinator for the Center of Hospice Care, will help us understand what bereavement is, what it looks like, and how we can best help ourselves or are loved ones as they pass through this intense period of grief.

**Please RSVP to the Jewish Federation of St. Joseph Valley**

**3202 Shalom Way, South Bend**

**574-233-1164 ~ [info@thejewishfed.org](mailto:info@thejewishfed.org)**

RSVPs are requested for these sessions. Please see the January issue of *Our Community News* for more information. If you do not receive our newsletter, you can view it on our website at [thejewishfed.org](http://thejewishfed.org)



# Jewish Federation

OF ST. JOSEPH VALLEY  
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## Being Human-Being Mortal



Our "We Need to Talk" conversation continues from our Yom I'yyun Day of Learning when we began the discussion on how we can prepare to live out our last days in the manner in which we have lived our lives.

